

Goal Setting Planner - 2022



Strength does NOT come from winning.
Your struggles develop your strengths.

~Arnold Schwarzenegger

Short Term Goals

1		Deadline:
2		Deadline:
3		Deadline:
4		Deadline:
5		Deadline:

1		Deadline:
2		Deadline:
3		Deadline:
4		Deadline:
5		Deadline:

My strengths are

[illegible]

My challenges are

[illegible]

GOAL PLANNER

Name of the Goal:

Deadline: to

Importance: ☐ High ☐ Medium ☐ Low

Why this is Important

ACTION PLAN

Obstacle

Ways to dealing with the Obstacle

Identify the information and skills to achieve the Goal

GOAL STATUS:

☐

Done

☐

Not Done

☐

In Progress

☐

Other

Notes:

GOAL PLANNER

Name of the Goal:

Deadline: to

Importance: ☐ High ☐ Medium ☐ Low

Why this is Important

ACTION PLAN

Obstacle

Ways to dealing with the Obstacle

Identify the information and skills to achieve the Goal

GOAL STATUS:

☐

Done

☐

Not Done

☐

In Progress

☐

Other

Notes:

GOAL PLANNER

Name of the Goal:

Deadline: to

Importance: ☐ High ☐ Medium ☐ Low

Why this is Important

ACTION PLAN

Obstacle

Ways to dealing with the Obstacle

Identify the information and skills to achieve the Goal

GOAL STATUS:

☐

Done

☐

Not Done

☐

In Progress

☐

Other

Notes:

GOAL PLANNER

Name of the Goal:

Deadline: to

Importance: ☐ High ☐ Medium ☐ Low

Why this is Important

ACTION PLAN

Obstacle

Ways to dealing with the Obstacle

Identify the information and skills to achieve the Goal

GOAL STATUS:

☐

Done

☐

Not Done

☐

In Progress

☐

Other

Notes:

GOAL PLANNER

Name of the Goal:

Deadline: to

Importance: ☐ High ☐ Medium ☐ Low

Why this is Important

ACTION PLAN

Obstacle

Ways to dealing with the Obstacle

Identify the information and skills to achieve the Goal

GOAL STATUS:

☐

Done

☐

Not Done

☐

In Progress

☐

Other

Notes:

GOAL PLANNER

Name of the Goal:

Deadline: to

Importance: ☐ High ☐ Medium ☐ Low

Why this is Important

ACTION PLAN

Obstacle

Ways to dealing with the Obstacle

Identify the information and skills to achieve the Goal

GOAL STATUS:

☐

Done

☐

Not Done

☐

In Progress

☐

Other

Notes:

GOAL PLANNER

Name of the Goal:

Deadline: to

Importance: ☐ High ☐ Medium ☐ Low

Why this is Important

ACTION PLAN

Obstacle

Ways to dealing with the Obstacle

Identify the information and skills to achieve the Goal

GOAL STATUS:

☐

Done

☐

Not Done

☐

In Progress

☐

Other

Notes:

GOAL PLANNER

Name of the Goal:

Deadline: to

Importance: ☐ High ☐ Medium ☐ Low

Why this is Important

ACTION PLAN

Obstacle

Ways to dealing with the Obstacle

Identify the information and skills to achieve the Goal

GOAL STATUS:

☐

Done

☐

Not Done

☐

In Progress

☐

Other

Notes:

GOAL PLANNER

Name of the Goal:

Deadline: to

Importance: ☐ High ☐ Medium ☐ Low

Why this is Important

ACTION PLAN

Obstacle

Ways to dealing with the Obstacle

Identify the information and skills to achieve the Goal

GOAL STATUS:

☐

Done

☐

Not Done

☐

In Progress

☐

Other

Notes: